

FAQs for Central Regional Hospital (CRH)- Dix Unit

1. **What exactly is the CRH-Dix Unit?** The CRH-Dix Unit will be a 60 bed adult psychiatric inpatient unit that is operated by Central Regional Hospital and located on the current Dorothea Dix Campus.
2. **When will it open?** At least 24 beds will open July 1, 2008, when Dix Hospital moves to Central Regional Hospital. The additional beds will be opened shortly after that, allowing approximately 2 weeks to refurbish the space.
3. **Who will be served in the CRH-Dix Unit?** The Unit will serve adults who need inpatient hospitalization, but who are not aggressive and who are not expected to need significant medical support. Individuals who are aggressive or need a higher level of medical services will be admitted to CRH in Butner.
4. **Is the CRH-Dix Unit only for Wake County residents?** No. Wake County will be paying for 24 of the 60 beds and will, therefore, be given priority for a portion of the beds. However, referrals will be accepted from the current South Central Region. If the Unit is full, admissions will be taken at CRH in Butner.
5. **Will the CRH-Dix Unit eliminate the delays that currently exist at Dorothea Dix Hospital?** We anticipate that the addition of 60 adult admissions beds will basically eliminate the current delays at both Dorothea Dix and John Umstead Hospitals with the possible exception of very high peak referral times or when there is a spike in admissions of one gender.
6. **How will someone actually be admitted to the CRH-Dix Unit?** Once a referral source (Wake County CAS, ED, local crisis unit, etc.) believes an individual needs inpatient hospitalization and the LME has authorized admission, the referral source will contact the Admission Office at CRH and a determination will be made if the individual will be evaluated for admission at CRH in Butner or CRH-Dix Unit. Law enforcement will then transport the individual to either CRH in Butner or CRH-Dix Unit. The actual phone number of the CRH Admissions Office will be provided well in advance of the opening of CRH.
7. **Is there enough staff for the CRH-Dix Unit?** The CRH-Dix Unit will primarily be staffed by current Dorothea Dix Hospital employees. The positions have already been posted, candidates interviewed and selected.
8. **What will CRH-Dix Unit do for medical services, food and security since Dorothea Dix Hospital will be closed?**
 - a. *Medical Services:* CRH-Dix Unit will have medical doctors and physician extenders and will provide basic medical services. Since it will not have a full medical unit, individuals will not be admitted to the CRH-Dix Unit if they are known to have co-occurring medical conditions that need treatment beyond what can be provided at the Unit. If a patient on the Unit does require medical services beyond what can be provided on the Unit, he/she will be transported to CRH in Butner or, if it is an acute medical need, will be transported to Wake Med or another local medical hospital.
 - b. *Food:* The CRH-Dix Unit will operate a kitchen and provide meals and snacks prepared on site.
 - c. *Security:* State Capital Police will provide security for the CRH-Dix Unit. Officers providing security for CRH-Dix Unit will receive specialized training related to individuals with mental illness.
9. **Who will monitor the services at the CRH-Dix Unit?** The CRH-Dix Unit will be under the governance and administration of CRH in Butner and will therefore participate in activities such performance improvement, compliance, staff development, etc. Additionally, the Unit will be included in the CRH CMS Certification and Joint Commission Accreditation.
10. **Will the CRH-Dix Unit be permanent?** The CRH-Dix Unit is planned as a temporary unit for approximately 3 years. During this period, community crisis services, including local inpatient beds in Wake County, are expected to be completed and operational, eliminating the need for the CRH-Dix Unit.